COUNSELING (COUN)

COUN 406-0 Research Methods in Counseling (1 Unit)
The course promotes counselors as producers and consumers of published research. It will explore research types and methods, basic statistics, and ethical considerations in conducting studies. The course will also explore principles, practices of needs assessment and program evaluation. Assignments will offer students opportunities to apply knowledge and skills gained in class.

COUN 406-6 Research Methods in Counseling (1 Unit)
The course promotes counselors as producers and consumers of published research. The course will explore research types and methods, basic statistics, and ethical considerations in conducting studies. The course will also explore principles, practices of needs assessment and program evaluation. Assignments will offer students opportunities to apply knowledge and skills gained in class. Requirement: Counseling@Northwestern Students Only.

COUN 411-0 Psycho-dynamic Counseling - Individuals and Systems (1 Unit)
Psychodynamic theories of personality and social systems. Application to analysis of interpersonal and helping relationships; personality development and dynamics; psychopathology, assessment, and intervention in relation to individuals and organizations.

COUN 411-6 Psycho-dynamic Counseling - Individuals and Systems (1 Unit)
This course is designed to serve as a clinical and theoretical foundation for the practice of psychodynamic counseling. It emphasizes application to analysis of interpersonal and helping relationships; personality development and dynamics; psychopathology, assessment, and intervention. Requirement: Counseling@Northwestern Students Only.

COUN 412-0 Theories & Techniques of Group dynamics (1 Unit)
This course focuses on group dynamics. Emphases include applying theories and techniques to actual group situations in a variety of settings and increased self-awareness by way of a required weekend group immersion experience (Tavistock) that will highlight psychodynamic elements of groupwork.

COUN 412-6 Theories & Techniques of Group Dynamics (1 Unit)
This course focuses on group dynamics. Emphases include applying theories and techniques to actual group situations in a variety of settings and increased self-awareness by way of a required weekend group immersion experience that will highlight psychodynamic elements of groupwork.

COUN 413-6 Human Development (Child) (1 Unit)
This course explores the nature and needs of individuals at developmental levels throughout the lifespan and in a multicultural context with implications for assessment, intervention, and prevention strategies. The course has an additional focus on children and adolescents. Requirement: Counseling@Northwestern Students Only.

COUN 414-0 Human Development (Child) (1 Unit)
This course explores the nature and needs of individuals at developmental levels throughout the lifespan and in a multicultural context with implications for assessment, intervention, and prevention strategies. The course has an additional focus on children and adolescents.

COUN 414-6 Human Development (Adult) (1 Unit)
This course provides an understanding of the nature and needs of persons at all developmental levels and in a multicultural context. Implications for assessment and preventive and/or supportive intervention strategies. This course has an additional specific focus on adult development. Requirement: Counseling@Northwestern Students Only.

COUN 415-6 Psychopathology in Counseling (1 Unit)
This course explores the adaptive, pathological, individual, and family functioning through the life course. Developmental vulnerabilities, transitions, and tasks from a psychodynamic perspective. Emphasis is on development of diagnosis skills using the DSM or ICD formulations. Application will link diagnostic information to current events. Clinical, developmental, and family systems research; onset and dynamics of common psychiatric disorders.

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This course explores the adaptive, pathological, individual, and family functioning through the life course. Developmental vulnerabilities, transitions, and tasks from a psychodynamic perspective. Emphasis is on development of diagnosis skills using the DSM or ICD formulations. Application will link diagnostic information to current events. Clinical, developmental, and family systems research; onset and dynamics of common psychiatric disorders. Requirement: Counseling@Northwestern Students Only.

COUN 416-0 Theories of Counseling & Psychotherapy (1 Unit)
This course provides and in-depth examination of the basic theoretical frameworks that inform the practice of counseling and psychotherapy.

COUN 416-6 Theories of Counseling & Psychotherapy (1 Unit)
This course provides and in-depth examination of the basic theoretical frameworks that inform the practice of counseling and psychotherapy. Requirement: Counseling@Northwestern Students Only.

COUN 417-0 Cognitive Behavioral Therapy (1 Unit)
This course will provide an overview of current cognitive behavioral treatment approaches to common adult disorders. Although the research literature is covered, the emphasis is on clinical practice. Lectures, group discussion, role-plays, student presentations, a final exam, and an optional paper will be used for application activities.

COUN 417-6 Cognitive Behavioral Therapy (1 Unit)
This course will provide an overview of current cognitive behavioral treatment approaches to common adult disorders. Although the research literature is covered, the emphasis is on clinical practice. Lectures, group discussion, role-plays, student presentations, a final exam, and an optional paper for application activities will be used in this course. Requirement: Counseling@Northwestern Students Only. Prerequisite: COUN 413-6 or COUN 414-6 Human Development.

COUN 418-0 Psychodynamic Counseling (1 Unit)
This course explores basic psychological concepts and theories useful in understanding individual and couple processes and therapies from a psychodynamic/systems point of view. Psycho-dynamically oriented individual, couples, and group psychotherapy are emphasized.

COUN 419-0 Contemporary Issues in Career Counseling (1 Unit)
This course explores training and employment transitions for youth and adults. It emphasizes improving design and delivery of service, career, and labor market information; placement at the local-community and individual-client levels.

COUN 422-0 Foundations of Family, Marital and Couples Counseling (1 Unit)
This course is an introduction to theories and practices of family, marital and couple therapy. The course will examine a) the evolution and foundations of systems; b) classic and contemporary family, marital and couple therapy approaches; c) the impact of cultural/social trends
on family and couple life and d) how systems perspectives can be incorporated into the work of one client.

**COUN 422-6 Foundations of Family, Marital and Couples Counseling (1 Unit)**

This course is an introduction to theories and practices of family, marital and couple therapy. The course will examine a) the evolution and foundations of systems; b) classic and contemporary family, marital and couple therapy approaches; c) the impact of cultural/social trends on family and couple life and d) how systems perspectives can be incorporated into the work of one client. Requirement: Counseling@Northwestern Students Only.

**COUN 425-0 Improving Methods and Practices in Psychological Science: The Replication Crisis and Beyond (1 Unit)**

This course will examine current controversies and new developments in research methods in psychology. The goal of the course is to learn to think critically about how psychological science is conducted and how conclusions are drawn. We will cover both methodological and statistical issues that affect the validity of research in psychology, with a scope that will cover the broad topical range of psychological science. We will discuss the research process from designing a study to how a study gets published. We will also discuss the recent controversy in psychology about the replicability of scientific results.

**COUN 426-0 Assessment in Counseling (1 Unit)**

This course provides an understanding of individual approaches to assessment in a multicultural society across the lifespan, Review of commonly used assessments in counseling including rationale, characteristics, administration and interpretation.

**COUN 426-6 Assessment in Counseling (1 Unit)**

This course provides an understanding of individual approaches to assessment in a multicultural society across the lifespan, Review of commonly used assessments in counseling including rationale, characteristics, administration and interpretation. Requirement: Counseling@Northwestern Students Only.

**COUN 427-0 Career Development (1 Unit)**

This course explores theories of career choice, career commitment, and life-course development applied to research and practice in career counseling.

**COUN 427-6 Career Development (1 Unit)**

This course explores theories of career choice, career commitment, and life-course development applied to research and practice in career counseling. Requirement: Counseling@Northwestern Students Only. Prerequisite: COUN 426-6 Assessment in Counseling.

**COUN 429-6 Sexuality in Counseling (1 Unit)**

This course offers a multidimensional, biophysical approach to the diagnosis and treatment of sexual difficulty in individuals and couples. Including disorders of desire, aversion, arousal, orgasm, and pain. Requirement: Counseling@Northwestern Students Only.

**COUN 430-0 Vocational Assessment in Counseling (1 Unit)**

Major measures of career development, vocational interests, and occupational aptitudes. Principles and practice in developing vocational appraisals.

**COUN 436-0 COUN 436-0 Child & Adolescent Counseling and Psychotherapy (1 Unit) (1 Unit)**

This course examines central issues in child and adolescent psychotherapy and the mainstream treatment approaches including psychoanalytic, play, cognitive-behavioral and behavioral therapy. Emphasis on high-frequency problems for which children/adolescent enter therapy.

**COUN 436-6 Child & Adolescent Counseling and Psychotherapy (1 Unit)**

This course examines central issues in child and adolescent psychotherapy and the mainstream treatment approaches including psychoanalytic, play, cognitive-behavioral and behavioral therapy. Emphasis on high-frequency problems for which children/adolescent enter therapy. Requirement: Counseling@Northwestern Students Only. Prerequisite: COUN 413-6 or COUN 414-6 Human Development.

**COUN 451-0 Topics in Counseling (0.5 Unit)**

This course will explore various theoretical and applied areas of counseling, life-course development, and intervention. Topics include biological bases of behavior, human neuropsychology, psychopharmacology, advanced psychopathology, career development and assessment, and rehabilitation counseling.

**COUN 452-0 Theory & Technique of Substance Abuse Counseling (1 Unit)**

The course focuses on the development of skills, concepts, and core competencies related to the theory and practice of addiction counseling. This course includes screening, assessment of dependence, change, and recovery, co-occurring disorders, prevention, intervention, and treatment. Requirement: Counseling@Northwestern Students Only.

**COUN 452-6 Theory & Technique of Substance Abuse Counseling (1 Unit)**

The course focuses on the development of skills, concepts, and core competencies related to the theory and practice of addiction counseling. This course includes screening, assessment of dependence, change, and recovery, co-occurring disorders, prevention, intervention, and treatment. Requirement: Counseling@Northwestern Students Only.

**COUN 453-0 Evaluation & Treatment of Trauma Disorders (1 Unit)**

This course offers a review of the nature of trauma and posttraumatic conditions; the psychobiology underlying stress, trauma, and dissociation, and the treatment of posttraumatic conditions.

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This course offers a review of the nature of trauma and posttraumatic conditions; the psychobiology underlying stress, trauma, and dissociation, and the treatment of posttraumatic conditions. Requirement: Counseling@Northwestern Students Only.

**COUN 455-0 Psychopharmacology for Clinical Mental Health Counselors (1 Unit)**

This course explores the role of psychopharmacological medication in mental health treatment. Students learn approved indications and contraindications of psychopharmacological medications for mental health and substance use conditions in adults and children, and practice how to consult with clients and medical professionals about medication-related issues. Requirement.

**COUN 455-6 Psychopharmacology for Clinical Mental Health Counselors (1 Unit)**

This course explores the role of psychopharmacological medication in mental health treatment. Students learn approved indications and contraindications of psychopharmacological medications for mental health and substance use conditions in adults and children, and practice how to consult with clients and medical professionals about medication-related issues. Requirement: Counseling@Northwestern Students Only. Prerequisite: COUN 415-6 Psychopathology in Counseling.

**COUN 477-6 Introduction to Clinical Practice (1 Unit)**

This course is designed exclusively for students entering the program with nontraditional backgrounds and making a career transition into the field of counseling. A primary objective of the course is to help students acquire an orientation to the counseling profession, explore a range of
basic issues relevant to the field, and learn about the role of a mental health counselor. Requirement: Counseling@Northwestern Students Only.

**COUN 478-6 Introduction to Clinical Interviewing (1 Unit)**
This course is designed exclusively for students entering the program with nontraditional backgrounds and making a career transition into the field of counseling. A primary objective of the course is to help students acquire an orientation to the counseling profession, explore a range of basic issues relevant to the field, and learn about the role of a mental health counselor. Requirement: Counseling@Northwestern Students Only.

**COUN 479-1 Introduction to Clinical Practice (1 Unit)**
This multi-quarter course will enhance the development of clinical skills in career changers through understanding both the pragmatics and the complexities of the clinical interviewing process and the treatment process as a whole.

**COUN 479-2 Introduction to Clinical Practice (1 Unit)**
This multi-quarter course will enhance the development of clinical skills in career changers through understanding both the pragmatics and the complexities of the clinical interviewing process and the treatment process as a whole.

**COUN 479-3 Introduction to Clinical Practice (1 Unit)**
This multi-quarter course will enhance the development of clinical skills in career changers through understanding both the pragmatics and the complexities of the clinical interviewing process and the treatment process as a whole.

**COUN 479-6 Current Topics in Counseling (1 Unit)**
This course will center around many topics in contemporary counseling of relevant to the beginning practitioner. The objective is to introduce a range of selected clinical topics, issues, dilemmas, treatment orientations, and modalities that will be encountered as students move into their fieldwork experience. Requirement: Counseling@Northwestern Students Only.

**COUN 480-1 Counseling Methods I: Skills for Counseling & Psychotherapy (1 Unit)**
This course is the first in a three-course sequence focused on the development of skills, concepts, and core competencies related to the practice of counseling and psychotherapy. This course includes evaluation of practice sessions with actual clients and must be taken in conjunction with Supervised Practicum in Counseling. Requirement: Counseling@Northwestern Students Only.

**COUN 480-2 Counseling Methods II: Assessment and Intervention (1 Unit)**
The course is the second in a three-course sequence focused on the development of skills, concepts, and core competencies related to the practice of counseling and psychotherapy. This course includes evaluation of practice sessions with actual clients and must be taken in conjunction with Supervised Practicum in Counseling.

**COUN 480-3 Counseling Methods III: Outreach, Prevention, and Advocacy (1 Unit)**
This course will introduce students to the process of providing counseling from a multi-cultural perspective in diverse society. Students will gain an understanding of how social and cultural identity issues and tensions surface in counseling, how power and privilege may affect therapy alliance and outcomes, the nature of microaggressions. Focus will be on understanding self and clients in cultural context. The counseling profession’s value of social justice advocacy for clients will also be examined.

**COUN 480-6 Counseling Methods I: Skills for Counseling & Psychotherapy (1 Unit)**
This course is the first in a three-course sequence focused on the development of skills, concepts, and core competencies related to the practice of counseling and psychotherapy. This course includes evaluation of practice sessions with actual clients and must be taken in conjunction with Supervised Practicum in Counseling. Requirement: Counseling@Northwestern Students Only.

**COUN 481-0 Supervised Practicum in Counseling (0 Unit)**
Three quarters of supervised field training, clinical supervision and case consultation of approximately 16-20 hours per week, with optional fourth quarter; in conjunction with Methods 1-3. Arranged with program training director. For master’s students in Counseling.

**COUN 481-1 Supervised Practicum in Counseling (1 Unit)**
Three quarters of supervised field training, clinical supervision and case consultation of approximately 16-20 hours per week, with optional fourth quarter; in conjunction with Methods 1-3. Arranged with program training director. For master’s students in Counseling Psychology.

**COUN 481-2 Supervised Practicum in Counseling (1 Unit)**
Three quarters of supervised field training, clinical supervision and case consultation of approximately 16-20 hours per week, with optional fourth quarter; in conjunction with Methods 1-3. Arranged with program training director. For master’s students in Counseling.

**COUN 481-6 Counseling Methods II: Strategies for Counseling & Psychotherapy (1 Unit)**
The course is the second in a three-course sequence focused on the development of skills, concepts, and core competencies related to the practice of counseling and psychotherapy. This course includes evaluation of practice sessions with actual clients and must be taken in conjunction with Supervised Practicum in Counseling. Requirement: Counseling@Northwestern Students Only. Prerequisites: COUN 480-6 and COUN 486-6 Methods I and Practicum I.

**COUN 482-0 Supervised Internship in Counseling (0 Unit)**
This course will introduce students to the process of providing counseling from a multi-cultural perspective in diverse society. Students will gain an understanding of how social and cultural identity issues and tensions surface in counseling, how power and privilege may affect therapy alliance and outcomes, the nature of microaggressions. Focus will be on understanding self and clients in cultural context. The counseling profession’s value of social justice advocacy for clients will also be examined.

**COUN 482-1 Supervised Internship in Counseling (1 Unit)**
Three quarters supervised field experience of approximately 24 hours per week with optional fourth quarter. Arranged with Clinical training director. For master’s students in Counseling Psychology. Prerequisites: Practicum in Counseling.

**COUN 482-2 Supervised Internship in Counseling (1 Unit)**
Three quarters supervised field experience of approximately 24 hours per week with optional fourth quarter. Arranged with Clinical training director. For master’s students in Counseling Psychology. Prerequisites: Practicum in Counseling.

**COUN 482-3 Supervised Internship in Counseling (1 Unit)**
Three quarters supervised field experience of approximately 24 hours per week with optional fourth quarter. Arranged with Clinical training director. For master’s students in Counseling Psychology.
This course will introduce students to the process of providing counseling from a multi-cultural perspective in diverse society. Students will gain an understanding of how social and cultural identity issues and tensions surface in counseling, how power and privilege may affect therapy alliance and outcomes, the nature of microaggressions. Focus will be on understanding self and clients in cultural context. The counseling profession’s value of social justice advocacy for clients will also be examined. Requirement: Counseling@Northwestern Students Only.

COUN 485-6 Advanced Topics in Clinical Mental Health Counseling (1 Unit)
Review of all aspects of roles of professional counselors including history, roles, organizational structures, counselor identity, and licensure requirements. Review of current treatment topics. Requirement: Counseling@Northwestern Students Only.
Prerequisite: COUN 406-6 Research Methods.

COUN 486-6 Supervised Practicum in Counseling I (1 Unit)
The practicum experience offers fieldwork experience in which students offer clinical mental health counseling services to adult clients in a practicum setting with mild mental health presenting issues. It is designed to accommodate the student’s initial level of professional development and to promote counselor identity, multicultural awareness, and the development of clinical skills. Requirement: Counseling@Northwestern Students Only.
Prerequisites: COUN 480-6 and COUN 486-6 Methods I and Practicum I.

COUN 487-6 Supervised Practicum in Counseling II (1 Unit)
The practicum experience offers fieldwork experience in which students offer clinical mental health counseling services to adult clients in a practicum setting with mild mental health presenting issues. It is designed to accommodate the student’s initial level of professional development and to promote counselor identity, multicultural awareness, and the development of clinical skills. Requirement: Counseling@Northwestern Students Only.
Prerequisites: COUN 480-6 and COUN 487-6 Methods II and Practicum II.

COUN 488-6 Supervised Practicum in Counseling III (1 Unit)
Practicum offers fieldwork experience in which students offer clinical mental health counseling services to adult clients in a practicum setting with mild mental health presenting issues. It is designed to accommodate the student’s initial level of professional development and to promote counselor identity, multicultural awareness, and the development of clinical skills. Requirement: Counseling@Northwestern Students Only.
Prerequisites: COUN 480-6 and COUN 488-6 Methods III and Practicum III.

COUN 489-6 Supervised Internship in Counseling I (1 Unit)
Internship offers advanced fieldwork experience in which students engage in a comprehensive clinical training experience where they enact all aspects of the role of a clinical mental health counselor. Internship in Counseling I, II, & III, equip students with basic client management tasks and skills. Additionally, students participate in role-related clinical service and training activities as permitted and/or required by the agency. The Internship is designed to accommodate the student’s moderate level of professional development and to promote counselor identity, multicultural awareness, and the development of clinical skills. Requirement: Counseling@Northwestern Students Only.
Prerequisites: COUN 482-6 and COUN 488-6 Methods III and Practicum III.

COUN 490-6 Supervised Internship in Counseling II (1 Unit)
Internship offers advanced fieldwork experience in which students engage in a comprehensive clinical training experience where they enact all aspects of the role of a clinical mental health counselor. Internship in Counseling I, II, & III, equip students with basic client management tasks and skills. Additionally, students participate in role-related clinical service and training activities as permitted and/or required by the agency. The Internship is designed to accommodate the student’s moderate level of professional development and to promote counselor identity, multicultural awareness, and the development of clinical skills. Requirement: Counseling@Northwestern Students Only.
Prerequisites: COUN 482-6 and COUN 488-6 Methods III and Practicum III.

Prerequisites: Practicum in Counseling.

COUN 482-4 Supervised Internship in Counseling (1 Unit)
Three quarters supervised field experience of approximately 24 hours per week with optional fourth quarter. Arranged with Clinical training director. For master’s students in Counseling Psychology.
Prerequisites: Practicum in Counseling.

COUN 482-6 Counseling Methods III: Outreach, Prevention, and Advocacy (1 Unit)
This course is the third in a three-course sequence focused on the development of skills, concepts, and core competencies related to the practice of counseling and psychotherapy. This course includes evaluation of practice sessions with actual clients and must be taken in conjunction with supervised practicum in Counseling. Special emphasis on working outside the therapy room. Requirement: Counseling@Northwestern Students Only.
Prerequisites: COUN 481-6 and COUN 487-6 Methods II and Practicum II.

COUN 483-1 Ethical and Legal Issues in Counseling (1 Unit)
The course gives students in depth understanding and decision-making skills regarding major ethical and legal issues in the practice of professional counseling. Exploration of of the American Counseling Association (ACA) ethical standards and their application to treatment; review of ethical decision-making models; and major ethical and legal issues in practice.

COUN 483-2 Cultural Diversity in Counseling (1 Unit)
This course will introduce students to the process of providing counseling from a multi-cultural perspective in diverse society. Students will gain an understanding of how social and cultural identity issues and tensions surface in counseling, how power and privilege may affect therapy alliance and outcomes, the nature of microaggressions. Focus will be on understanding self and clients in cultural context. The counseling profession’s value of social justice advocacy for clients will also be examined.

COUN 483-3 Advanced Topics in Clinical Mental Health Counseling (1 Unit)
Discussion of clinical issues in seminar format; in conjunction with COUN 482-3.
Prerequisites: COUN 481-1, COUN 481-2, COUN 481-3.

COUN 483-6 Ethics and Legal Issues in Counseling (1 Unit)
The course gives students indepth understanding and decision-making skills regarding major ethical and legal issues in the practice of professional counseling. Exploration of of the American Counseling Association (ACA) ethical standards and their application to treatment; review of ethical decision-making models; and major ethical and legal issues in practice. Requirement: Counseling@Northwestern Students Only.

COUN 484-1 Individual Diagnosis and Assessment (1 Unit)
This course explores standardized psychometric tests of personality, intelligence, and vocational interest; individual measures of intelligence and personality, including projectives.

COUN 484-2 Individual Diagnosis and Assessment (1 Unit)
This course explores standardized psychometric tests of personality, intelligence, and vocational interest; individual measures of intelligence and personality, including projectives.

COUN 484-3 Individual Diagnosis and Assessment (1 Unit)
This course explores standardized psychometric tests of personality, intelligence, and vocational interest; individual measures of intelligence and personality, including projectives.

COUN 484-6 Cultural Diversity in Counseling (1 Unit)
service and training activities as permitted and/or required by the agency.
Requirement: Counseling@Northwestern Students Only.
Prerequisite: COUN 489-6 Internship I.

**COUN 491-0 Readings in Counseling (1 Unit)**
Permission of instructor and department required. Request for
Independent Study/Readings Course form available before registration at
the Office of Student Affairs.

**COUN 491-6 Supervised Internship in Counseling III (1 Unit)**
The internship experience offers advanced fieldwork experience in which
students engage in a comprehensive clinical training experience where
they enact all aspects of the role of a clinical mental health counselor.
Internship in Counseling I, II, & III, equip students with basic client
management tasks and skills. Additionally, students participate in role-
related clinical service and training activities as permitted and/or required
by the agency. Requirement: Counseling@Northwestern Students Only.
Prerequisite: COUN 490-6 Internship II.

**COUN 499-0 Independent Study in Counseling (1 Unit)**
Permission of instructor and department required for students to request
Independent Study/Readings. Course form seeking permission must be
completed before registration at the Office of Student Affairs.

**COUN 582-1 Advanced Internship in Counseling (0 Unit)**
Three quarters of supervised field experience of approximately 24 hours
per week with optional fourth quarter. (Only for those students who have
no other registration except the externship and need full-time status for
deferment of loans.)

**COUN 582-2 Supervised Internship in Counseling (0 Unit)**
Three quarters of supervised field experience of approximately 24 hours
per week with optional fourth quarter. (Only for those students who have
no other registration except the externship and need full-time status for
deferment of loans.)

**COUN 582-3 Supervised Internship in Counseling (0 Unit)**
Three quarters of supervised field experience of approximately 24 hours
per week with optional fourth quarter. (Only for those students who have
no other registration except the externship and need full-time status for
deferment of loans.)

**COUN 584-0 Advanced Internship in Counseling (0 Unit)**
This is an advanced-level pre-internship supervised field experience in an
approved clinical setting. Arranged with program training director.