GLOBAL HEALTH STUDIES

globalhealthstudies.northwestern.edu/

Global health problems are of concern to policy makers, public health professionals, and those who work for international agencies. Solving these problems requires not only financial resources but, more important, a deep understanding of the interaction between domestic and global forces, and the cultural and political realities that affect the design and implementation of solutions in specific settings.

The interdisciplinary Program in Global Health Studies offers an adjunct major and minor designed to provide skills for dealing with complex international health issues, focusing on health disparities and inequalities. Students learn about domestic and international approaches to international crisis management, in addition to perspectives on specific health issues within the diverse United States population.

The program is designed for students from a variety of backgrounds and schools, including those interested in medicine and health sciences. It combines an international public health experience with coursework drawing on many disciplines including public health, anthropology, history, economics, engineering, political science, sociology, international relations, and psychology.

Programs of Study

- Global Health Studies Adjunct Major (https://catalogs.northwestern.edu/undergraduate/arts-sciences/global-health-studies/global-health-studies-adjunct-major)

GBL_HLTH 301-0 Introduction to International Public Health (1 Unit)
Introduces students to pressing disease and health care problems worldwide. The course identifies the main actors, institutions, practices, and forms of knowledge production characteristic of what we call "global health" today, and explores the factors that shape patterns and experiences of illness and healthcare across societies.

GBL_HLTH 302-0 Global Bioethics (1 Unit) Global health is a popular field of work and study for Americans, but though entered with the best of intentions, the work is beset with ethical questions, concerns, and dilemmas. In this course, students will assess emblematic ethical challenges in global health and consider approaches to addressing them.

GBL_HLTH 303-0 Gender and Global Health (1 Unit) Overview of the interaction between sex/gender and global health. Through lectures, readings, and discussions, we examine: how sex/gender is a contributing factor in health; the social dynamics of gender and gender roles; and gender inequalities and health.

GBL_HLTH 305-0 Global Health & Indigenous Medicine (1 Unit) Exploration of a variety of healing systems, their relationship to global health, and the factors underlying why people choose one over another.

GBL_HLTH 306-0 Biomedicine and Culture (1 Unit) Comparative exploration of biomedical cultures in different contexts, both in the U.S. and other countries. This course covers how biomedicine intersects with technology, consumerism, politics, economics, culture, power, and place. It further investigates the possibilities and limitations of biomedicine across the globe, particularly regarding how biomedical cultures affect and are affected by patients and health care workers.

GBL_HLTH 307-0 International Perspectives on Mental Health (1 Unit) Cross-cultural and international perspectives on mental health issues and examination of the impact of psychological illness on the global burden of disease.

GBL_HLTH 308-0 Global Health in Human History (1 Unit) Exploration of paleopathology, including records of pre- and proto-historic adaptations to human disease, health, and medicine. The biocultural perspective on patterns of disease links past perspectives and current realities. Taught with ANTHRO 308-0; may not receive credit for both courses. Prerequisite: 200-level anthropology or biology course, a global health course, or consent of instructor.

GBL_HLTH 309-0 Biomedicine and World History (1 Unit) Introduction to the social, political, scientific, and economic forces allowing biomedical systems to become synonymous with global health governance.

GBL_HLTH 310-0 Supervised Global Health Research (1 Unit) Majors and minors are encouraged to do supervised public health research on campus and abroad. Students receive elective credit for this course only when taught abroad, however.

GBL_HLTH 311-SA Health Care Systems in Europe and the United States (1 Unit) Provides students with an understanding of the various ways in which health care systems are organized in European countries, the problems they face, and the reforms implemented or proposed at the national and EU levels. Restricted to students in Northwestern’s Paris program.

GBL_HLTH 312-SA Public Health in Europe: Issues and Policies (1 Unit) Examines issues and debates on health policy in France and the EU, including primary health issues, health insurance, health inequalities, HIV/AIDS, SARS, elderly care, and genetically modified organisms. Lectures are supplemented by visits to relevant sites. Restricted to students in Northwestern's Paris program.

GBL_HLTH 313-SA International Organizations and Health: A Research Seminar (1 Unit) Students design team research projects, learn about research methodology, discuss their research progress, and present findings. Restricted to students in Northwestern’s Paris program.

GBL_HLTH 314-SA Health and Community Development in South Africa (1 Unit) Health-related issues confronting South Africa, their social and economic impact, efforts to address them. Apartheid and post-transition policies. Demographics, prevention, and treatment of both infectious and chronic non-communicable diseases. Restricted to students in Northwestern’s South Africa program.

GBL_HLTH 315-SA Public Health in South Africa (1 Unit) Context of and responses to public health issues in South Africa, including HIV/AIDS, tuberculosis, malnutrition and poverty, psychosocial rehabilitation, and environmental and occupational health. Lectures are supplemented by visits to relevant sites. Restricted to students in Northwestern’s South Africa program.
**GBL_HLTH 316-SA Development Perspectives on Health in South Africa Through Community Engagement (1 Unit)**
Reflection on service-learning experiences at community organizations in relation to theories of international development and global health. Focus on how health-related issues, including HIV/AIDS, malnutrition, poverty, the environment, occupational health, and gender, impact development. Restricted to students in Northwestern’s South Africa program. **Social Behavioral Sciences Distro Area**

**GBL_HLTH 320-0 Qualitative Research Methods in Global Health (1 Unit)**
This course emphasizes research skills acquisition in a practical manner. Topics include how to design, conduct, analyze, and write up qualitative ethnographic research. The course covers research methodologies, ethics, and Institutional Review Boards, and ethnographic field methods such as participant observation, qualitative interviewing, life histories, focus groups, data coding, and analysis. Students acquire research skills while receiving significant feedback throughout. **Social Behavioral Sciences Distro Area**

**GBL_HLTH 321-0 War and Public Health (1 Unit)**
Comparative overview of the impact of armed conflict on public health and healthcare delivery worldwide. Historical and contemporary case studies. Specific health needs of refugees and vulnerable populations. **Ethics Values Distro Area Interdisciplinary Distro - See Rules (https://catalogs.northwestern.edu/undergraduate/arts-sciences/#schoolrequirementstext)** **Social Behavioral Sciences Distro Area**

**GBL_HLTH 322-0 The Social Determinants of Health (1 Unit)** Advanced introduction to socioeconomic, political, and cultural determinants of health disparities between social groups and categories. Case studies from the United States, South Africa, and Brazil. **Social Behavioral Sciences Distro Area**

**GBL_HLTH 323-0 Global Health from Policy to Practice (1 Unit)**
Examines global health and development policy, from the politics of policy-making to the impacts of policy on global health practice and local realities. This course highlights the histories and material, political, and social realities of policy and its application. The course draws on case studies of policy makers, economists, public officials, health care workers, and aid recipients. **Social Behavioral Sciences Distro Area**

**GBL_HLTH 324-0 Volunteerism and the Ethics of Help (1 Unit)** Explores the ethics of altruism through the discourses and practices that make up volunteering, from the perspectives of volunteers, hosts, and a range of others both promoting and critiquing volunteerism. What motivates people to volunteer among strangers or in unfamiliar contexts? What are the implications for volunteers, and communities and institutions where foreign volunteering takes place?. **Ethics Values Distro Area**

**GBL_HLTH 325-0 History of Reproductive Health (1 Unit)**
This course examines the global history of human reproduction from multiple vantage points. Since reproduction is often about power, the course is framed around the distribution of power in matters of reproduction; as such we will pay particular attention during this class to struggles over matters of reproduction as we explore historical changes and continuities in reproduction globally since 1900. **Historical Studies Distro Area**

**GBL_HLTH 332-0 Public Health in China (1 Unit)** Examination of China’s public health system. Focus on role of government, emerging environmental problems, food safety, and prevalent communicable and non-communicable diseases. Restricted to students in Northwestern’s China program. **Social Behavioral Sciences Distro Area**

**GBL_HLTH 333-0 Traditional Chinese Medicine (1 Unit)** Introduces traditional Chinese medicine (TCM) principles and methods as they relate to Chinese culture and philosophy, including TCM diagnostics and therapies. Compares and discusses integration of TCM and Western medicine. Restricted to students in Northwestern’s China program. **Social Behavioral Sciences Distro Area**

**GBL_HLTH 390-0 Special Topics in Global Health (1 Unit)**
Advanced work in areas of developing interest and special significance. Can be repeated for credit with a different topic. Offered on campus and on Northwestern programs abroad. Recent courses include Ecology of Infant Feeding, Native American Health, and Public Health and Mental Health in Serbia. **GBL_HLTH 390-SA Special Topics in Global Health (1 Unit)**
Advanced work in areas of developing interest and special significance. Can be repeated for credit with a different topic. Offered on campus and on Northwestern programs abroad. Recent courses include Ecology of Infant Feeding, Native American Health, and Public Health and Mental Health in Serbia. **GBL_HLTH 399-0 Independent Study (1 Unit)**
Advanced work under faculty supervision. May be taken twice for credit but does not count toward the core or elective requirements. Prerequisite: department consent.