

HUMAN DEVELOPMENT IN CONTEXT

seesp.northwestern.edu/ugrad/human-development-in-context

The Human Development in Context (HDC) program, formerly called Human Development and Psychological Services, examines how people throughout the lifespan develop in, are influenced by, and shape the social settings they encounter (e.g., families, communities, educational institutions, and the workplace). HDC courses focus on theories of individual and family development; the local and global dynamics of learning; and cognition, social relations, and policy. This interdisciplinary program draws from current and actionable theory, research, and practice from areas as diverse as psychology, sociology, intercultural studies, gender studies, economics, and policy science.

Program of Study

- Human Development in Context Major (<https://catalogs.northwestern.edu/undergraduate/education-social-policy/human-development-context/human-development-context-major/>)

HDC 301-0 The Counseling Process: Theory & Practice (1 Unit) Survey of counseling perspectives and techniques, along with the theories that form the basis of understanding these concepts. Overview of clinical assessment, client systems, counseling theories, and counseling techniques. Review how dynamics and complexity associated with counseling diverse populations and understanding the roles that diversity and personal values play in the counseling process.

HDC 305-0 Identity and Motivation (1 Unit) Examines the connection between conceptions of the self and goal-oriented motivation, with particular attention to the influence of social, structural, and cultural forces.

HDC 307-0 Emotional Mysteries (1 Unit) Classrooms, work settings, and family relations are hotbeds of emotion. But what is an emotion? What happens in our bodies when an emotion is triggered? How can emotions help us live productive, healthy, and connected lives? And can we ever truly understand what somebody else is feeling? These are some of the mysteries that we will seek to unravel in this course. We will read literature from Darwin to the latest scientific studies, combine lectures and small-group discussions, conduct research experiments, and engage in peer review and online collaboration.

HDC 309-0 Team Dynamics (1 Unit) In this course, we will explore team dynamics, those forces that influence a team's behavior and performance, and what can enhance or hinder potential for impact. We will analyze the contributors to team functioning and their interrelationships at multiple levels: intrapersonal, interpersonal, group and organizational. Key topics include team development, team make-up and roles, leadership and followership, decision-making, navigating conflict, collaboration and competition, effective communication, content vs. process, diversity and in-group/out-group tensions. Throughout the class, students will be analyzing and applying concepts through case studies and simulations. Assignments to demonstrate mastery include regular written individual papers and a team project. This course is suitable for undergraduate students in LOC, Human Development in Context, and related majors throughout Northwestern that are interested in leadership, teams/groups or organizational change. Taught with LOC 309-0; may not receive credit for both courses.

HDC 310-0 The Art and Science of Aging (1 Unit) For over 2000 years, poets and philosophers have commented on the universal human experience of "getting older." In the past few hundred years, novelists and scientists have joined the effort, along with filmmakers, musicians, counselors, bloggers, motivational speakers, and a host of others. What does it feel like to move through the adult years and toward "old age"? How do people's personalities, social relationships, and overall world view change as they grow older? What does psychological and social science have to say about general trends, as well as individual differences, in aging? This discussion-based and writing-intensive seminar is sequentially organized in terms of five cardinal themes: (1) the social/emotional world, (2) generations, (3) memory and the self, (4) loss, and (5) wisdom of the ages. Within these five themes, the seminar will consider a range of psychological and social issues as they apply to adult development and aging, sampling some of the most provocative sources from fiction, drama, poetry, music, and cinema - and from the scientific literature.

HDC 340-0 Building Loving and Lasting Relationships: Marriage 101 (1 Unit) The intricacies and problems of close, committed, interpersonal relationships, especially marriage. Open to first-year students.

HDC 351-0 Special Topics in Human Development in Context (1 Unit) Advanced work on special topics.

HDC 399-0 Independent Study (1 Unit) SEE DEPT FOR SECTION AND PERMISSION NUMBERS.

SESP 114-0 Summer Internship (0 Unit)

SESP 115-0 Internship (0 Unit)

SESP 195-0 Community Engagement (1 Unit) Critical reflection on community service experiences in relation to broader societal issues. Conceptual frameworks for understanding the meaning and nature of community. For Civic Engagement Certificate students only.

SESP 200-0 Understanding Knowledge (1 Unit) N/A.

SESP 201-0 Human Development: Childhood and Adolescence (1 Unit) Personal, social, and cognitive development from birth through adolescence. Interplay of biological and experiential factors on linguistic and conceptual development, ego, and personality.

SESP 202-0 Introduction to Community Development (1 Unit) Historical and contemporary community-building efforts, focusing on Chicago's neighborhoods. Community development strategies: the settlement house, community organizing, and community economic development.

SESP 203-0 Human Development: Adulthood and Aging (1 Unit) Psychological, sociological, and biological factors influencing socialization and development from young and middle adulthood through old age. Influences of family, school, and work on the individual.

SESP 204-0 Designing for Social Change (1 Unit) Processes, challenges, and ethics of designing programs, at home and abroad, for realizing human rights and meaningful social change.

SESP 210-0 Introduction to Statistics and Research Methodology (1 Unit) Definitions and classifications of terms used in quantitative methods; measures of typical and maximum performance, reliability, and validity checks; reporting and displaying data; interpreting results.

SESP 218-0 Leaders Lab (1 Unit) N/A.

SESP 251-0 Community Based Research Methods (1 Unit) N/A.

SESP 272-0 Field Research Methods (1 Unit) Guided practice in systematic and participant observation. Observer bias, field notes, unobtrusive measures.

SESP 291-1 Peer-Led Learning: Theory and Practice (0.25 Unit) SESP 291 is the training program for students working as first-time mentors in the Peer Leaders program. It is taken over two academic quarters, with each quarter offering .25 credit (a total of .5 credit). You will receive a "K" grade for fall quarter, which means you are continuing in the course. After winter quarter, you will receive a letter grade which will be retroactively applied to fall quarter.

SESP 291-2 Peer-Led Learning: Theory and Practice (0.25 Unit)

SESP 295-0 Theory and Practice of Community Consulting (1 Unit)

Course on the importance of community capacity building and the community-consulting process; start of preliminary work for the Certificate in Civic Engagement capstone project.

SESP 298-0 Student Organized Seminar (1 Unit) Courses proposed by students and supervised by faculty sponsors on special topics approved by the SESP undergraduate education director. May be taken only once per quarter; pass/no credit only. Consultation with the SESP student affairs assistant dean advised.

SESP 299-1 Civic Engagement Capstone Research (1 Unit) Independent study courses leading to completion of the Certificate in Civic Engagement capstone project.

SESP 299-2 Certificate in Civic Engagement- Capstone Project (1 Unit)

Independent study courses leading to completion of the Certificate in Civic Engagement capstone project.

SESP 310-0 Methods for Causal Inference (1 Unit) N/A.

SESP 317-0 Gender and the Life Course (1 Unit) How gender influences major life stages. Focus on the psychosocial effects of gender on children; young, midlife, and old adults; societal institutions; and selected social policy issues.

SESP 320-0 Race and Education (1 Unit) Conceptual underpinnings of the construct of race and how conceptions of race have influenced the course of education in the United States.

SESP 322-0 Crafting Child Policy (1 Unit) N/A.

SESP 323-0 Trauma and Atrocity: Holocaust Memory, Memorials and Museums: (1 Unit) N/A.

SESP 324-0 Pedagogies for History and Injustice: Holocaust Education Design (1 Unit) N/A.

SESP 325-0 Race, Adolescence, and School Discipline (1 Unit) In recent years, racial disparities in school discipline have attracted the attention of educators, policymakers, parents, and the general public. Why is it so hard for legal, political, and educational institutions to improve school discipline? How do intersections of race, gender, and social class matter for students' experiences of school discipline? Are there schools that are getting discipline right? What does that look like, and to what extent can other schools learn from their successes? In this course, we will learn about evidence-based policy improvements and imagine how to create schools where race does not predict discipline.

SESP 351-0 Special Topics (1 Unit) Advanced work on special topics.

SESP 351-SA Special Topics (1 Unit) Advanced work on special topics. This course is limited to students approved to study abroad through the Global Learning Office (GLO).

SESP 382-0 Practicum in Human Development; Learning Sciences (4 Units) Real-world participant observation in professional activities and projects; development of analytical field studies of the practicum experience based on field notes, recorded observations, and class discussions; culminates in a final research paper. Prerequisites: SESP 272-0; consent of SESP practicum director 2 quarters before

registration (3 quarters if a Summer Session practicum). For LRN SCI students only.

SESP 384-0 Practicum in Human Development - Washington, D.C. (4 Units) See description for SESP 382-0. Offered during Summer Session only. Prerequisites: SESP 272-0; consent of SESP practicum director 3 quarters before registration. For participants in the Washington, DC, field studies program only.

SESP 386-0 Practicum: Human Development & Psychological Svcs. (4 Units) See description and prerequisites for SESP 382-0. For HDC students only.

SESP 387-0 Practicum: Learning & Organizational Change (4 Units) See description and prerequisites for SESP 382-0. For LOC students only.

SESP 388-0 Practicum: Social Policy (4 Units) See description and prerequisites for SESP 382-0. For SOC POL students only.

SESP 389-0 Practicum in Human Development - San Francisco (4 Units) See description and prerequisites for SESP 382-0. Offered during Summer Session only. For participants in the San Francisco field studies program only.

SESP 390-0 Research Apprenticeship (1 Unit) Opportunity to participate in faculty research projects. Prerequisites: consent of the faculty member and the SESP assistant dean for student affairs; submission of completed Request for Independent Study/Special Courses Form at registration.

SESP 391-0 Advanced Research Design (1 Unit) Overview of research methods that may be used to design and implement the honors thesis. Prerequisites: SESP 210-0 and SESP 272-0 recommended.

SESP 392-0 Experiential Learning: Practicum (4 Units)

SESP 398-0 Senior Thesis Seminar (1-3 Units) Students develop, design, implement, and evaluate a research project under a faculty advisor's guidance. Prerequisites: senior status, cumulative GPA by the end winter quarter of the junior year, recommendation for the honors program from SESP 391-0 instructor(s); consent of program director.

SESP 399-0 Independent Study (1 Unit) Faculty-supervised study of special topics of the student's own choosing and not covered in regular courses. Prerequisites: consent of the supervising faculty member(s) and the SESP assistant dean for student affairs; submission of completed Request for Independent Study/Special Courses Form at registration.